

# Viv Dawes Autistic Advocate

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Independent, (autistic/PDA and ADHD) lived experience advocate, consultant, trainer and author. Over 25 years experience of working with vulnerable people, including as a Snr Practitioner in the NHS and within the criminal justice system.

A popular, dynamic and passionate speaker, including delivering a talk on Autistic burnout at The London Autism Show, June 24.

A consultant for Surrey CCs prison officer autism training (pilot programme).

Founder of the 'Autistic Burnout Network'

Author of several books on Autistic Burnout

Delivers training to many organisations and regularly runs online webinars

Provides 1-1 support for parents and for autistic adults



[www.autisticadvocate.co.uk](http://www.autisticadvocate.co.uk)  
@vividawesautistic  
dawesautismadvocate121@gmail.com



## Some of the training offered includes:

- Autistic burnout and recovery
- Understanding neurodiversity
- Understanding autistic masking
- Creating neuro-inclusive and neuro-affirming spaces
- Understanding meltdowns and shutdowns
- Autism and ADHD
- Sensory differences in autistic people



## Prices

- Virtual one to one £45 (plans also available on website)
- Phone call £45
- Face to face training £225 for 2 hours (inc travel depending on location)
- Virtual training £150 for one hour and £190 for 2 hours
- Keynote speaker £150 for an hour